



**Livingston County  
Office for the Aging  
Senior Nutrition Program  
(585) 243-7520**

# JANUARY 2020

**COOLERS MUST CONTAIN ICE FOR MEAL TO BE LEFT,  
EVEN IN WINTER MONTHS.**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>01/01—01/03</b>	<p>SINCERE- NEW YEARS GREETINGS</p> <p>If good wishes always come true My most sincere I send to you</p>	<p>PROGRAM CLOSED</p>	<p>PROGRAM CLOSED</p>	<p>Chicken &amp; Gravy Biscuit Brussel Sprouts Carrots Butterscotch Pudding Margarine 1% Milk</p>	<p>Italian Sausage w/ Peppers &amp; Onions Hot Dog Roll Italian Blend Vegetables Spinach Fruit Bar Margarine 1% Milk</p>
<b>01/06—01/10</b>	<p>Orange Chicken Breast Rice Pilaf Corn Cranberry Juice Peaches Margarine 1% Milk</p>	<p>Cheese Lasagna Roll w/ Marinara Spinach Lima Beans Wheat Roll Chocolate Chip Cookie Margarine 1% Milk</p>	<p>BBQ Pork Corn Bread Wax Beans Broccoli Butterscotch Pudding Margarine 1% Milk</p>	<p>Turkey Burger w/ Peppers &amp; Onions Burger Bun Peas Carrots Pears Margarine 1% Milk</p>	<p>Beef &amp; Bean Chili Mashed Potatoes Capri Blend Vegetables Wheat Bread Slice Lemon Bar Margarine 1% Milk</p>
<b>01/13—01/17</b>	<p>Seasoned Chicken Breast Beets Green Beans Wheat Bread Slice Chocolate Brownie Cookie Margarine 1% Milk</p>	<p>Meatloaf w/ Gravy Mashed Potatoes Corn Wheat Roll Mandarin Oranges Margarine 1% Milk</p>	<p>Pepper Steak Rice Snap Peas Apple Juice Rice Pudding Margarine 1% Milk</p>	<p>Ham Sweet Mashed Potatoes Mixed Vegetables Wheat Bread Slice Rice Krispy Treat Margarine 1% Milk</p>	<p>Pasta w/ Meat Sauce Peas Italian Blend Vegetables Wheat Roll Pineapple Margarine 1% Milk</p>
<b>01/20—01/24</b>	<p>PROGRAM CLOSED</p> <p>REMEMBERING MARTIN LUTHER KING JR.</p>	<p>Sloppy Joe Burger Bun Capri Blend Vegetables Corn Tropical Fruit Margarine 1% Milk</p>	<p>Honey Mustard Chicken Mashed Sweet Potatoes Wax Beans Orange Juice Chocolate Pudding Margarine 1% Milk</p>	<p>Mac &amp; Cheese Stewed Tomatoes Cottage Cheese Peas Mandarin Oranges Margarine 1% Milk</p>	<p>Chicken Stew Hubbard Squash Spinach Wheat Bread Slice Fruit Bar Margarine 1% Milk</p>
<b>01/27-1/31</b>	<p>Lemon Pepper Chicken Breast White Rice Capri Blend Vegetables Apple Juice Lorna Doones Margarine 1% Milk</p>	<p>Swedish Meatballs Egg Noodles Peas Wheat Bread Slice Oatmeal Raisin Cookie Margarine 1% Milk</p>	<p>Roast Pork w/ Gravy Wild Rice Italian Flat Beans Wheat Bread Slice Diced Pears Margarine 1% Milk</p>	<p>Chicken &amp; Gravy Biscuit Brussel Sprouts Carrots Butterscotch Pudding Margarine 1% Milk</p>	<p>Egg &amp; Cheese Casserole Stewed Tomatoes Spinach Wheat Bread Slice Fruit Bar Margarine 1% Milk</p>