

## **News from Livingston County, NY**

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## **Are You Prepared?**

**Mount Morris, NY** – September is National Preparedness Month. The theme this year is "Disasters Don't Wait, Make Your Plan Today". Amidst the ongoing COVID pandemic, it is vital that individuals and families understand their personal roles in preparing for disasters and emergencies by taking action now. For the month of September, the Livingston County Department of Health and the Office of Emergency Management will share with you weekly information to help you prepare for disasters and emergencies. These will include education on these themes: Making a Plan to Prepare for Disasters, Build a Kit, Prepare for Disasters, and Teach Youth about Preparedness.

As part of National Emergency Preparedness Month, we are continuing our ongoing recruitment of Livingston County Medical Reserve Corps volunteers. Our Medical Reserve Corps consist of locally based professional medical and non-medical volunteers who are prepared to assist our communities during emergencies, such as an influenza epidemic, a chemical spill, or an act of terrorism. We will hold an informational session on September 21, 2020 at 7 p.m. This session will allow those interested community members to receive further information and the ability to ask questions and learn how to join our Livingston County Medical Reserve Corp.

Volunteers must be at least 18 years of age and residents of Livingston County. Please send an email to <a href="mailto:sladley@co.livingston.ny.us">sladley@co.livingston.ny.us</a> with an e-mail address so we can send you Zoom log-on information.

We will also include a link to a free training opportunity for all community members, the New York Citizen Preparedness Training. This training teaches residents to have the tools and

resources available to prepare for any type of disaster, respond accordingly, and recover as quickly as possible to pre-disaster conditions.

This training course will provide an introduction to responding to a natural or man-made disaster and will include developing a family emergency plan and stocking up on emergency supplies.

If you have any questions about emergency preparedness, please contact the Livingston County Department of Health at 585-243-7524 or Office of Emergency Management at 585-243-7160 or visit our website at <a href="https://www.livingstoncounty.us/doh.htm">www.livingstoncounty.us/doh.htm</a>

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