



Livingston County
Office for the Aging
Senior Nutrition Program
(585) 243-7520

FEBRUARY 2021

**COOLERS REQUIRE ICE
TO ENSURE FOOD SAFETY.**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02/01—02/05	Swedish Meatballs Egg Noodles Carrots Wheat Roll Lorna Doones Margarine 1% Milk 1	Chicken Stir-Fry Stir Fry Veggies Vegetable Egg Roll Grape Juice Peaches Margarine 1% Milk 2	Italian Sausage w/ Peppers & Onions Hot Dog Bun Capri Blend Vegetables Potatoes O'Brien Tapioca Pudding Margarine 1% Milk 3	BBQ Pulled Pork Green Beans Sweet Mashed Potatoes Corn Muffin Pineapple Margarine 1% Milk 4	Baked Fish w/ Crumb Top Spinach Lima Beans Wheat Bread Slice Fruited Yogurt Margarine 1% Milk 5
02/08—02/12	Stuffed Cabbage Corn Green Beans Wheat Bread Slice Fruited Yogurt Margarine 1% Milk 8	Herb Roasted Pork Loin Brussels Sprouts Hubbard Squash Grape Juice Chocolate Chip Cookie Margarine 1% Milk 9	Beef Stroganoff Egg Noodles Capri Blend Vegetables Wheat Bread Slice Mixed Fruit Margarine 1% Milk 10	Chicken & Rice Casserole Peas Carrots Wheat Roll Peaches Margarine 1% Milk 11	Tortellini Alfredo Italian Blend Vegetables Wax Beans Wheat Roll Tapioca Pudding Margarine 1% Milk 12
02/15—02/19	PRESIDENTS' DAY 	Meatloaf w/ Gravy Mashed Potatoes Carrots Wheat Bread Slice Mandarin Oranges Margarine 1% Milk 16	Baked Fish w/ Dill Rice Pilaf Green Beans Wheat Bread Slice Pears Margarine 1% Milk 17	Chili Lime Chicken Corn Seasoned Black Beans Cranberry Juice Rice Krispy Treat Margarine 1% Milk 18	Macaroni & Cheese Stewed Tomatoes Spinach Wheat Bread Slice Rice Pudding Margarine 1% Milk 19
02/22—02/26	Chicken Marsala Rice Pilaf Broccoli Orange Juice Chocolate Pudding Margarine 1% Milk 22	Turkey Tetrizzini Carrots Wax Beans Wheat Roll Peaches Margarine 1% Milk 23	Sweet & Sour Pork Rice Pilaf Capri Blend Vegetables Wheat Bread Slice Apple Sauce Margarine 1% Milk 24	Beef Pot Roast w/ Gravy Mashed Potatoes Peas Wheat Roll Cookie Margarine 1% Milk 25	Vegetable Lasagna Roll Italian Blend Vegetables Spinach Wheat Bread Slice Pineapple Margarine 1% Milk 26



*The February sunshine steeps your boughs
and tints the buds and swells the leaves within...*
Spring is just around the corner!

