




Livingston County  
Office for the Aging  
Senior Nutrition Program  
(585) 243-7520

# MARCH 2021

**REMINDER:  
COOLERS MUST CONTAIN ICE FOR MEAL TO BE LEFT**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>03/01—03/05</b>	Swedish Meatballs Egg Noodles Carrots Wheat Roll Lorna Doones Margarine 1% Milk  1	Chicken Supreme (Breast w/ Peppers, Onions & Mushrooms) Snap Peas Corn Grape Juice Peaches Margarine 1% Milk  2	Italian Sausage w/ Peppers & Onions Hot Dog Bun Capri Blend Vegetables Potatoes O'Brien Butterscotch Pudding Margarine 1% Milk  3	BBQ Pulled Pork Green Beans Sweet Mashed Potatoes Corn Muffin Pineapple Margarine 1% Milk  4	Baked Fish w/ Crumb Top Spinach Lima Beans Wheat Bread Slice Fruited Yogurt Margarine 1% Milk  5
<b>03/08—03/12</b>	Stuffed Cabbage Peas Green Beans Wheat Bread Slice Pears Margarine 1% Milk  8	Herb Roasted Pork Loin Brussels Sprouts Hubbard Squash Grape Juice Oreo Cookies Margarine 1% Milk  9	Beef Stew California Blend Vegetables Mashed Potatoes Wheat Bread Slice Mixed Fruit Margarine 1% Milk  10	BBQ Chicken Thigh Corn Carrots Corn Bread Muffin Peaches Margarine 1% Milk  11	Tortellini Alfredo Italian Blend Vegetables Wax Beans Wheat Roll Tapioca Pudding Margarine 1% Milk  12
<b>03/15—03/19</b>	Baked Fish w/ Dill Wild Rice Green Beans Wheat Bread Slice Fruited Yogurt Margarine 1% Milk  15	Meatloaf w/ Gravy Carrots Scalloped Potatoes Wheat Bread Slice Mandarin Oranges Margarine 1% Milk  16	Corned Beef Cabbage & Baby Carrots Mashed Potatoes Wheat Roll Lime Romanoff Margarine 1% Milk  17 	Sweet & Sour Chicken Rice Pilaf Broccoli Cranberry Juice Rice Krispy Treat Margarine 1% Milk  18	Macaroni & Cheese Stewed Tomatoes Spinach Wheat Bread Slice Rice Pudding Margarine 1% Milk  19
<b>03/22—03/26</b>	Honey Mustard Chicken Breast California Blend Veggies Peas Orange Juice Chocolate Pudding Margarine 1% Milk  22	Sloppy Joe Burger Roll Carrots Wax Beans Peaches Margarine 1% Milk  23	Cajun Seasoned Fish Rice Pilaf Capri Blend Vegetables Wheat Bread Slice Apple Sauce Margarine 1% Milk  24	Beef Pot Roast w/ Gravy Mashed Potatoes Corn Wheat Roll Cookie Margarine 1% Milk  25	Vegetable Lasagna Roll Italian Blend Vegetables Spinach Wheat Bread Slice Pineapple Margarine 1% Milk  26
<b>03/29—03/31</b>	Meatball Sub Hot Dog Bun California Blend Veggies Peas Fruit Bar Margarine 1% Milk  29	Honey Bourbon Pork Loin Wild Rice Capri Blend Vegetables Apple Juice Lemon Pudding Margarine 1% Milk  30	Chicken Paprikash (Bone-In Thigh) Corn Mashed Potatoes Wheat Bread Slice Pineapple Margarine 1% Milk  31	<p>May your joys be as deep as the ocean, Your troubles as light as its foam. And may you find sweet peace of mind Wherever you may roam.</p> 