



**LIVINGSTON COUNTY
OFFICE FOR THE AGING**

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**LIVINGSTON COUNTY OFFICE FOR THE AGING
ABSTRACT FOR THE 2022-2023 PROGRAM YEAR SERVICES PLAN**

INTRODUCTION:

Livingston County Office for the Aging (LCOFA) is responsible for planning, coordinating, funding, and advocating for programs and services which meet the needs of Livingston County residents age 60 and over, as well as providing information and assistance for individuals with disabilities and caregivers of any age. Services are targeted to individuals with the greatest social and/or economic need.

Livingston County covers a geographic area of over 640 square miles, encompassing 17 towns.

LCOFA anticipates a total budget for 2022-2023 of approximately \$2,485,700 of which 51% is local Livingston County match. The entire budget will consist of Federal and State funds with local matching requirements, donations, and participant contributions. The Livingston County Office for the Aging is regulated by the New York State Office for the Aging, and the US Administration for Community Living through the Older Americans Act.

LCOFA follows Livingston County Purchasing and Procurement Rules and Regulations in determining provider agencies.

The purpose of a Public Hearing is to present proposed action under the Older Americans Act and to obtain input for the planning process outlined by the New York State Office for the Aging. The Livingston County Office for the Aging is mandated by New York State Office for the Aging to provide a list of priority services which it will address in 2022-2023.

Goals for 2022 include:

1. Enable older adults to remain in their homes with high quality of life for as long as possible through the provision of home and community-based services, including supports for family caregivers.
2. Empower older adults, individuals with disabilities, their families, and the public to make informed decisions about, and be able to access, existing health, long term services and supports, and other service options.
3. Empower older adults to stay active and healthy through Older Americans Act Services and those offered under Medicare.
4. Ensure the rights of older adults and prevent their abuse, neglect, and exploitation.

Please note, this draft plan is still pending final allocations, public recommendations, and the approval of the New York State Office for the Aging and the Livingston County Board of Supervisors. The anticipated amounts below only include priority areas. The plan of services is always an estimate and subject to change.

Our priority services are as follows:

1. Caregiver Services: LCOFA funds caregiver services, education, training, and support. A Caregiver Resource Center operated by UR Med/Noyes Health provides information and support to caregivers and those needing assistance with Alzheimer's Disease and other related memory care issues. In addition, 750 hours of in-home respite will be provided at a cost of approximately \$27.50 per hour. LCOFA contracts with several home health care agencies that are contracted to provide respite. Due to aide shortages, LCOFA is looking to hire two Personal Care Aides for 2022.

2. Health and Wellness: In partnership with several service providers, LCOFA provides health and wellness programs to assist individuals age 60 and over to improve and/or maintain their overall health and wellness. Programs include Aging Mastery, A Matter of Balance, Powerful Tools for Caregivers, and Tai Chi for Arthritis. It is projected that at least 900 units of health promotion will be provided for the 2022-2023 program year.

The cost per unit of evidence-based programming is very low (under \$10.00) due to the fact that volunteers facilitate many of the programs. Units were down in 2020 and 2021 due to the suspension of many in-person health promotion classes due to the COVID-19 pandemic.

3. *Health Insurance and Information Counseling (HIICAP):* HIICAP provides health insurance information and counseling to help older adults understand health insurance plan information and make informed decisions on the most appropriate plan for them. Beginning in September 2021, LCOFA is subcontracting with Lifespan of Greater Rochester, Inc. for HIICAP Services. **Funding for this program totals approximately \$33,000.**

4. *Information and Assistance:* Through our office, we offer information and assistance, options counseling, and application assistance regarding public benefits and community-based long-term care service options for older adults and individuals with disabilities of any age. **The total funding for all services offered through this effort is projected to be approximately \$295,000; approximately 1,750 unduplicated individuals are projected to be served.**



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5. *In-Home Services:* Through our subcontracted providers, LCOFA provides services to help keep older adults independent and in their homes, for as long as they are able and choose to reside there. These services include Personal Care Level I, Personal Care Level II, including Consumer Directed Services, and ancillary services such as Personal Emergency Response systems (PERS) to individuals age 60 and over who are not eligible to receive Medicaid benefits. Personal care services are provided through subcontracts with several home health agencies. AIM Independent Living Center is a partner for Consumer Directed Services.

With an average cost of \$25.00/unit, LCOFA will provide approximately 6,500 units (hours) of service in 2022. Individuals receiving in-home personal care through EISEP also receive case management and may receive ancillary assistance such as Personal Emergency Response Services. LCOFA provides case management directly and contracts with UR Med/Noyes Health for Medical Alert service. There are approximately 10 - 15 people per month on wait lists for Personal Care services.

6. *Legal Assistance:* As a required component under the Older Americans Act, LCOFA provides legal assistance through our subcontracted provider, Legal Assistance of Western NY (LawNY) to individuals age 60 and older. Legal issues can include issues such as income security, health care, long-term care, housing, utilities, adult protective services, defense of guardianship, abuse, neglect, and age discrimination. Legal assistance is targeted toward older individuals in social and economic need.

With an average cost of \$85.00/unit, LCOFA will provide approximately 235 units of legal service at a total cost of \$20,000 in 2022.

7. *Transportation:* Through subcontracts, LCOFA funds some limited transportation to allow for increased independence of older adults 60 and over. Transportation is provided through RTS Livingston for attendance at area senior meal sites at a rate of \$1.55 per one-way ride. LCOFA subcontracts with Catholic Charities at a rate of \$3.50 per one-way trip for the Faith in Action program to transport older adults to medical appointments and grocery shopping. LCOFA subcontracts with the Arc of Livingston Wyoming for van transportation at a rate of \$40.00/day, as well as individual trips at a per-trip rate.

For 2022-2023, LCOFA will have funds to provide approximately 8,000 one-way trips at a total cost of approximately \$23,500.

8. *Nutrition:*

Home Delivered Meals: LCOFA subcontracts with Morrison Senior Dining to prepare nutritious chilled meals for individuals who are 60+, frail and disabled and unable to leave their home or prepare meals for themselves. LCOFA then delivers the meals directly through paid and volunteer staff. Eligibility is determined through an in-home assessment, and those who qualify receive one meal, Monday through Friday.

At an approximate cost of \$9.79/meal including delivery, LCOFA plans to provide approximately 48,600 meals in 2022 with total funding of \$475,685.

Nutrition Education: A Registered Dietician through a contract with Cornell Cooperative Extension provides nutrition education in a group setting at congregate meals sites and senior groups, and through a monthly newsletter.

LCOFA plans to provide 5,000 units of nutrition education for approximately 500 individuals who attend congregate meals sites or receive home delivered meals.

Nutrition Counseling: The contracted Registered Dietician provides 1:1 counseling (primarily via phone) with individuals age 60+. The dietician listens to individuals' nutrition concerns and helps them identify ways to make changes to improve or maintain their health.

LCOFA expects that 30-40 individuals will receive nutrition counseling at a cost of \$35.00/hour.

Congregate Meals: A midday meal is available to individuals age 60 and over in Livingston County, and their spouses that attend with them regardless of age. Meals are offered at four congregate meal sites located in Avon, Dansville, Livonia, and Mount Morris. LCOFA operates three sites directly. The fourth is located at Wildbriar Estates in Livonia. LCOFA provides the meals for this site with Wildbriar providing the space, staff, and supplies. The Nutrition Program provides a meal, an opportunity to socialize, health and wellness/educational opportunities, and activities.

Total funding for the congregate meal program for 2022 is approximately 384,500 and includes meal, staff, and site costs. LCOFA plans to serve approximately 27,000 meals total to 250 unduplicated participants for 2022. The majority of the funding is from Livingston County.

Funding and Contributions for Programs: Programs are funded through the US Administration on Community Living/Administration on Aging, New York State Office for the Aging, Livingston County/Office for the Aging, United Way, subcontracted providers, donations and individual contributions.

For programs funded under the Older American Act, there are no fees. Eligible individuals receiving service are given a chance to make a voluntary, confidential contribution toward the cost of the service. No eligible person can be turned away due to inability or unwillingness to contribute to a program or service, with the exception of programs requiring a cost-share, and when units/slots are unavailable. All contributions are put back into programming for which they are received, to provide additional services to older adults in need. Individuals may contribute anonymously through contributions by check or money order. Contributions will not be tracked to an individual. Contributions can be made to the subcontracted provider agency directly, or to:

Livingston County Office for the Aging
3 Murray Hill Drive
Mount Morris, NY 14510

LCOFA establishes suggested contributions for most services and reviews them annually. Current suggested contribution amounts include:

- Home Delivered Meals: \$3.00/meal Anticipated Cost: \$9.79 including delivery
- Nutrition Counseling: \$10/hour Actual Cost: \$35.00/hour
- Legal Services: \$25.00/hour Actual Cost: \$85.00/hour

When deciding whether or not to make a contribution and at what level, individuals are encouraged to consider their personal circumstances.

The Office for the Aging remains strong in its commitment to assisting individuals to remain in their homes and community for as long as they choose and can safely do so with supports. The priority services that are listed above are the majority of the programs we have in place to achieve this goal. These programs and services are part of a larger network of partnering agencies, funders, and providers that help create a collective impact throughout Livingston County.

The Livingston County Office for the Aging appreciates any feedback related to this plan, and input about future or changing needs of our community's older adults. We will take comments through October 29, 2021 for the initial 2022 Program Plan; however, we are interested in hearing about community needs throughout the year. You may contact the Livingston County Office via mail: 3 Murray Hill Drive, Mt. Morris, NY 14510; via phone: (585) 243-7520, or via email: ofta@livingstoncounty.gov.

On behalf of our County Administrator, Ian M. Coyle, the Livingston County Board of Supervisors, the staff of the Livingston County Office for the Aging, and our subcontracted provider agencies, thank you for any feedback you can provide to help us serve you better.

**Livingston County Office for the Aging Funding Streams:
All 2022 Sources: \$2,485,710**

Federal: 13%

IIIB	\$56,375	Supportive Services
IIIC-1	\$82,061	Congregate Meal Program
IIIC-2	\$42,455	Home Delivered Meals
IIID	\$4,198	Health and Wellness
HIICAP	\$18,420	Health Insurance Information Counseling Assistance Program
IIIE	\$31,753	Elder Caregiver Support Program
MIPPA	\$9,739	Medicare Improvement Program
ADRC	\$3,405	Aging and Disability Resource Center
Stimulus	\$82,425	COVID 19
TOTAL	\$330,831	

State: 28%

EISEP	\$183,067	Expanded In-Home Services to the Elderly Program
CSE	\$120,173	Community Services for the Elderly Program
CSI	\$1,389	Congregate Services Initiative Program
WIN	\$149,038	Supplemental Nutrition Assistance Program Home-Delivered Meals
AAA Transportation	\$5,600	Transportation to non-emergency medical appointments
EE	\$203,490	NY Connects
HIICAP	\$15,210	Health Insurance Information Counseling Assistance Program
Unmet Needs	\$20,153	Unmet needs to help where needed (EISEP)
TOTAL	\$698,120	

Local Match: 51% \$1,269,985

Livingston County
Board of Supervisors

Other Sources: 8% \$186,774

Participant Contributions
USDA
Donations
United Way