



Livingston County  
Office for the Aging  
Senior Nutrition Program  
(585) 243-7520

# SEPTEMBER 2021

MEALS ARE ORDERED TWO DAYS IN ADVANCE.  
PLEASE CALL BY NOON TWO DAYS PRIOR TO CANCEL  
OR RESTART YOUR MEALS.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09/01—09/03	 <i>Golden Harvest</i>		Open Face Turkey Sandwich White Bread Corn Carrots Chocolate Chip Cookie Margarine 1% Milk 1	BBQ Pulled Pork Wheat Bread Slice Broccoli Green Beans Butterscotch Pudding Margarine 1% Milk 2	Philly Steak Hot Dog Bun Capri Blend Vegetables O'Brien Potatoes Pineapple Margarine 1% Milk 3
09/06—09/10	<b>CLOSED FOR LABOR DAY</b>	Chicken Alfredo Bowtie Pasta tossed in Alfredo Sauce Broccoli Wheat Roll Chocolate Chip Cookie Margarine 1% Milk 7	Herb Roasted Pork Loin Carrots Green Beans Grape Juice Brownie Margarine 1% Milk 8	Goulash Corn Capri Blend Hot Dog Bun Peaches Margarine 1% Milk 9	Lemon Dill Cod Snap Peas Escalloped Potatoes Wheat Bread Slice Strawberries & Cream Margarine 1% Milk 10
09/13—09/17	Beef Pot Roast w/ Gravy Boiled Red Potatoes Peas & Onions Wheat Bread Slice Lorna Doones Margarine 1% Milk 13	Teriyaki Chicken White Rice Broccoli Wheat Roll Mandarin Oranges Margarine 1% Milk 14	Meatloaf w/ Gravy Mashed Potatoes Capri Blend Vegetables Wheat Bread Slice Pears Margarine 1% Milk 15	Lasagna Roll w/ Marinara Lima Beans Carrots Wheat Bread Slice Rice Krispy Treat Margarine 1% Milk 16	Ham Au Gratin Potatoes Green Beans Wheat Bread Slice Chocolate Pudding Margarine 1% Milk 17
09/20—09/24	Swedish Meatballs Egg Noodles Corn Orange Juice Pineapple Margarine 1% Milk 20	Chicken w/ French Onion Sauce Rice Pilaf Succotash Wheat Roll Peaches Margarine 1% Milk 21	Chili Capri Blend Vegetables Green Beans Wheat Bread Slice Apple Sauce Margarine 1% Milk 22	Vegetable Lasagna Roll Up w/ White Sauce Spinach Carrots Wheat Bread Slice Mandarin Oranges Margarine 1% Milk 23	Braised Pork Cottage Cheese Hubbard Squash Sliced Beets Fruit Bar Margarine 1% Milk 24
09/27-09/30	Chicken Cacciatore Pasta tossed in Red Sauce Broccoli Wheat Bread Slice Lorna Doones Margarine 1% Milk 27	Baked Fish w/ Crumb Top Biscuit Green Beans Sweet Potatoes Pears Margarine 1% Milk 28	Turkey Tetrazini Spinach Carrots Wheat Bread Slice Peaches Margarine 1% Milk 29	Sloppy Joe Burger Bun Broccoli Mac & Cheese Butterscotch Pudding Margarine 1% Milk 30	

COOLERS MUST CONTAIN ICE FOR MEAL TO BE LEFT.