



News from Livingston County, N.Y.

FOR IMMEDIATE RELEASE

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Office for the Aging to Offer Free Technology Classes

Workshops will aid adults 60 and over in learning online shopping, video chat, and more

GENESEO, N.Y., April 11, 2022 — The Livingston County Office for the Aging is launching a new program to help older adults in the area learn new skills, save money, get in shape, and make new friends. In partnership with Senior Planet, a national nonprofit which harnesses technology to change the way older Americans age, the Office for the Aging will soon begin offering classes and workshops about technology, health and wellness, and socialization.

During the COVID-19 pandemic, older adults across the country began utilizing technology more than ever before. Through partnering with Senior Planet's licensing program, the Office for the Aging will begin to offer Senior Planet's proprietary curriculum to older adults in Livingston County this May.

"We feel very fortunate and excited to be partnering with Senior Planet and bringing these classes to Livingston County," said Sue Carlock, Director of the Livingston County Office for the Aging. "We plan to begin offering these workshops in May, which is also Older Americans Month. Our first classes will be All Things Zoom-Video Chat with Zoom, Online Shopping-Shopping on Amazon, and the Benefits of Connecting to the Internet-Finding Information Online."

Senior Planet's programs online and across the country help older adults build technology skills to improve their health, make new friendships, save money, advocate in their communities, and thrive in the digital world. Classes are free and organizers will provide all classroom equipment necessary.

To learn more or register for upcoming classes, call 585-243-7520.

About Livingston County:

Founded in 1821, Livingston County, N.Y. is comprised of more than 63,000 residents in 17 towns located across 640 square miles of the Finger Lakes region.



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