

**LIVINGSTON COUNTY
DEPARTMENT ANNUAL REPORT SUMMARY**

REPORT FOR YEAR ENDING 2021

DEPARTMENT LIVINGSTON COUNTY OFFICE FOR THE AGING

2021 PROGRAM SUMMARY:

LIVINGSTON COUNTY OFFICE FOR THE AGING

The Livingston County Office for the Aging initiates, conducts, coordinates, and advocates for, programs and services to improve the wellness and overall quality of life of Livingston County citizens 60 years of age and older, and their caregivers. The department's primary mission is to promote the well-being of the County's older adults and to support their efforts to remain at home, and as independent as possible, for as long as safely possible.

MAJOR ACCOMPLISHMENTS 2021

During 2021, the Livingston County Office for the Aging continued to respond to the pandemic needs of older adults. Home delivered meal totals for 2019, 2020 and 2021 respectively were 46,182, 72,145 and 62,925. Congregate meal sites were reopened in June 2021 using CDC protocols.

Livingston County Office for the Aging responded to 5,910 calls for assistance in 2021 compared to 3,938 in 2020. This reflects over a thousand older adults who were assisted to schedule vaccination and booster appointments.

Livingston County Office for the Aging received a Recognition of Excellence from the New York State Office for the Aging and the Association on Aging in New York for exceptional work, dedication, compassion and commitment serving older adults and their families during the COVID-19 pandemic.

Livingston County Office for the Aging Director was elected to the Board of the Association on Aging in New York for a two-year term.

GOALS FOR 2022

The Livingston County Office for the Aging received grant funding to implement Senior Planet Technology Training. This initiative will bring Senior Planet programming to older adults in Livingston County – programming that will help older adults access technology and use it to enhance their lives. Older Adult Technology Services (OATS) will work with LCOFA to develop and support local trainers to bring Senior Planet’s world-class curriculum to seniors in our county.

Two Office for the Aging staff were trained in 2021 as Transition Coaches in the Care Transitions Intervention (CTI) Program. During a 4-week program, older adults with complex care needs and family caregivers receive specific tools and work with a Transitions Coach, to build self-management skills that will ensure their needs are met during the transition from hospital to home (or in some cases skilled nursing facility to home). The Transitions Coach works with clients/family caregivers to practice skills and gain confidence in four key areas in order to prevent rehospitalization: medication self-management, use of a Personal Health Record, Primary Care and Specialist Follow-up, and awareness of Red Flags.

Hire a Health Promotion and Activities Coordinator to expand health promotion, education and social activities for older adults in Livingston County.

Work with other Livingston County agencies and Mobility Manager with the goal of increasing the availability and efficiency of transportation for older adults in Livingston County.



**NEW YORK STATE OFFICE FOR THE AGING OLDER NEW YORKER DAY
HONOREES FROM LIVINGSTON COUNTY
Joyce Wechsler (left) and Dottie Manes (right)**

LIVINGSTON COUNTY OFFICE FOR THE AGING SERVICE SUMMARY

| Service Type | Total Units 2020 | Total Units 2021 |
|---|-------------------------|-------------------------|
| Case Management | 1,781 hours | 1,928 hours |
| Total Meals | 77,149 meals | 74,039 meals |
| Congregate Meals (Congregate sites closed 3/16/2020 and reopened 6/21/2021) | 5,004 meals | 11,114 meals |
| Home Delivered Meals | 72,145 meals | 62,925 meals |
| In-Home Personal Care | 6,091 hours | 5,770 hours |
| Evidence - Based Health Promotion | 817 sessions | 497 sessions |
| In Home Contact & Support (mask, food, sanitizer delivery, well check calls) | 11,273 contacts | 5,092 contacts |
| Legal Services | 232 hours | 253 hours |
| Nutrition Education | 11,156 contacts | 6,334 contacts |
| PERS | 4,953 months of service | 4,790 months of service |
| Transportation | 1,790 one-way trips | 3,470 one-way trips |



Hardy Tai Chi Players



Woman enjoying animatronic cat